



NEWS RELEASES

Barnes & Thornburg Signs ABA Pledge And Joins Health And Wellness Campaign

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INDIANAPOLIS – Barnes & Thornburg has signed the American Bar Association’s (ABA) Well-Being Pledge and joined its national campaign to advance health and wellness initiatives across the legal profession.

From education and policies to culture, the campaign’s [seven-point pledge](#) reflects the core areas on which firms should focus and the concrete steps they should take as they seek to achieve those goals. Barnes & Thornburg has embraced the effort and is pleased to be one of the early adopters.

“We’re proud to be a part of the inaugural class of signatories and support the ABA’s innovative pledge campaign. It’s vital for all of us to work together to help reduce the stigma surrounding substance use disorders and mental health distress, and encourage help-seeking,” said Bob Grand, firm managing partner. “Our firm is committed to providing a healthy work environment in both principle and as a matter of policy. We’re looking forward to working with the ABA and other legal employers to drive positive change for our industry.”

A [2017 report](#) commissioned by the ABA shows that if workplace cultures support well-being, attorneys will be better able to make good choices that allow them to thrive and be their best for clients, colleagues, and work organizations. More information is available at [ABA Working Group to Advance Well-Being in the Legal Profession](#).

With more than 600 attorneys and other legal professionals, Barnes & Thornburg is one of the largest law firms in the country. The firm serves clients worldwide from 14 offices in Atlanta, California, Chicago, Delaware, Indiana, Michigan, Minneapolis, Ohio, Texas and Washington,

RELATED PEOPLE



Robert T. Grand

Partner
Indianapolis

P 317-231-7222
F 317-231-7433
bob.grand@btlaw.com

